

## **Fall is Here**

### **Let's Take A Hike!**



Some outdoor enthusiasts believe that autumn is the best time to enjoy a hike. With cooler air, less bugs, and often an array of gorgeous color, this time of year seems perfect to lace up the boots and hit the trails.

This fall we are encouraging hikers to take the challenge (see details below) which encourages a steady, healthy habit of hiking and exploration!

[Click Here For Trail Maps](#)

*Last Sunday, about 25 people participated in our guided hike at the Ivers Preserve. This hike took place during the Open House at the Ludorf Barn. The Ivers Preserve is located just up the street from the barn on West Purchase Road.*

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## **Fall Hiking Series Challenge**

### **Hike More Worry Less!**

The challenge is to hike at least once per month (September, October, November) at three SLT Preserves of your choice. Once all three hikes are complete, send a note (and photo if possible) and your home address to: [jstuart@southburylandtrust.org](mailto:jstuart@southburylandtrust.org). Badges will be sent via mail.



## HIKE MORE • WORRY LESS

### Fall Hiking Series

Join us for a series of socially distanced hikes this fall or hit the trails on your own. Let the natural world restore, refresh and amaze you...

#### The Challenge:

**3 hikes**  
**3 preserves**  
**3 months**

Compete the challenge and earn this "badge", a vinyl sticker for your laptop, water bottle or car window!



The following two hikes are upcoming, guided hikes. Whether or not you are participating in The Challenge, we welcome all to attend. Social distancing is required at all of our events.

#### **New 5K Course at Phillips/Lovdal - Saturday, Oct. 10th at 9:30 AM** ***Distance is 3.1 miles with some challenging inclines through field and forest.***

*This preserve provides 155 acres of open space for passive recreation, agriculture, and habitat to numerous species of native plants, birds, mammals and amphibians. A trail system leads visitors through forests and fields and along streams and stone walls.*

*Approximately 42 acres of the preserve are actively farmed. About 96 acres are in varying ages of forest, including centenarian hickory, maple and oak, and early succession native red maple stands.*

#### **Hike at Koons Preserve- Saturday, November 7th at 1:30 PM** ***Distance is approximately 1.5 miles. All wooded trails with some steep hills.***

*The Koons Preserve is a 40-acre parcel named in honor of Walter and Harriet Koons, who had long admired the property and assisted in its acquisition. The primary scenic feature is the rocky ravine and the numerous waterfalls that are formed when Spruce Brook drops 170 feet as it flows through the property.*



## EXPLORE OUR PRESERVES THIS FALL

BASSETT - PLATT - IVERS - LODVAL - PHILLIPS - KOONS - FOX HOLLOW

*"And into the forest I go, To lose my mind and find my soul."*



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